Guest lecture on life skills:

The Department of commerce arranged a guest lecture for 2nd year B.COM students, The main areas focused were the “10 life skills which was approved by WHO” All the students were assembled in the AV room, The lecture was delivered in a very innovative way, unlike the anticipated boring lectures , this wasn’t one of them, There were frequent interactions between the guest speaker and the students, The lecture in depth talked about problem solving skills, aptitude, emotional intelligence, coping up with stress, stress management, also there were some questions given to us which exercised our aptitude and reasoning skills.

We thank the concerned person for taking his time out and giving insights on the above mentioned topics and we are also thankful to Mrs Priya.S and the department of Commerce for taking up initiatives for the betterment of the students. This particular topic is a very essential for the students in all walks of life, such sessions does really throw light upon the practicality involved in life.

By Joel Rajkumar16SJE358